



Fall 1	Credits	Success Marker
COMS 100	3	• C or better
CHEM 110/111 ³ or CHEM 210/212 ²	4	
ENGL 103	3	
STAT 100	3	
UNIV 101	1	
Total hours	14	
Notes/Comments:		

Spring 1	Credits	Success Marker
BIOS 103/105 ³ or BIOS 208/210 ²	4	• C or better
ENGL 203	3	
PSYC 102	3	
GE: Creativity & Critical Analysis	3	
Quantitative Literacy or Elective ¹ or CHEM 211/213 ²	3	
Total hours	16	
Notes/Comments:		

Fall 2	Credits	Success Marker
BIOS 213 ³ or BIOS 313 ²	3-4	
HDFS 280 or PSYC 225	3	
GE: Creativity & Critical Analysis	3	
REHB 200	3	
Elective ¹ or BIOS 209/211 ²	3	
Total hours	15-16	
Notes/Comments: Please see your academic advisor to select the courses for your degree path		

Spring 2	Credits	Success Marker
BIOS 357	5	
Elective or GE	3	
Pick 5	3	
HSCI 318	3	
Elective or minor	1-3	
Total hours	15-17	
Notes/Comments: 1. Apply to the MLS Program by February 1st 2. Apply to the Nursing Program by January 15th		

Fall 3	Credits	Success Marker
Pick 5	3	
HSCI 310	3	
Elective or Minor	3	
GERO 365	3	
Pick 5	3	
Total hours	15	
Notes/Comments:		

Spring 3	Credits	Success Marker
HSCI 350	3	
HSCI 410	3	
Pick 5	3	
Pick 5	3	
Elective or Minor	3	
Total hours	15	
Notes/Comments:		

Fall 4	Credits	Success Marker
HSCI 450	3	
HSCI 430	3	
300/400 Elective or Minor	3	
Elective or Minor (Writing Infused)	3	
Pick 5	3	
Total hours	15	
Notes/Comments:		

Spring 4	Credits	Success Marker
HSCI 455	3	
HSCI 460	3	
300/400 Elective or Minor	3	
Elective or Minor	3	
Elective or Minor	3	
Total hours	15	
Notes/Comments:		

Emphasis 2: General: This emphasis is designed for students interested in the medical laboratory sciences (MLS), nursing program, or other interdisciplinary health fields. Students should explore their academic and career goals regularly with their advisor and make course selections based upon those goals.

¹ "Pick 5" students need to select five from the list, consult with advisor

² Course PRQ for MLS

³ Course PRQ for Nursing

Pick 5: AHLS 211³, REHB 327, REHB 372, REHB 493, CHEM 310/311², COMD 220, NUTR 201³, PHHE 295, PSYC 316, HSCI 217, or other courses as approved by advisor.

Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.